

# Sexual Activity and Affirmative Consent Note-Taking Guide

## Influences on Teen Sexual Activity

1. There are several influences on teen sexual activity; they may be internally influenced or externally influenced. List three different internal and external influences on sexual activity.

Internal influences

External influences

## Risks and Consequences of Being Sexually Active

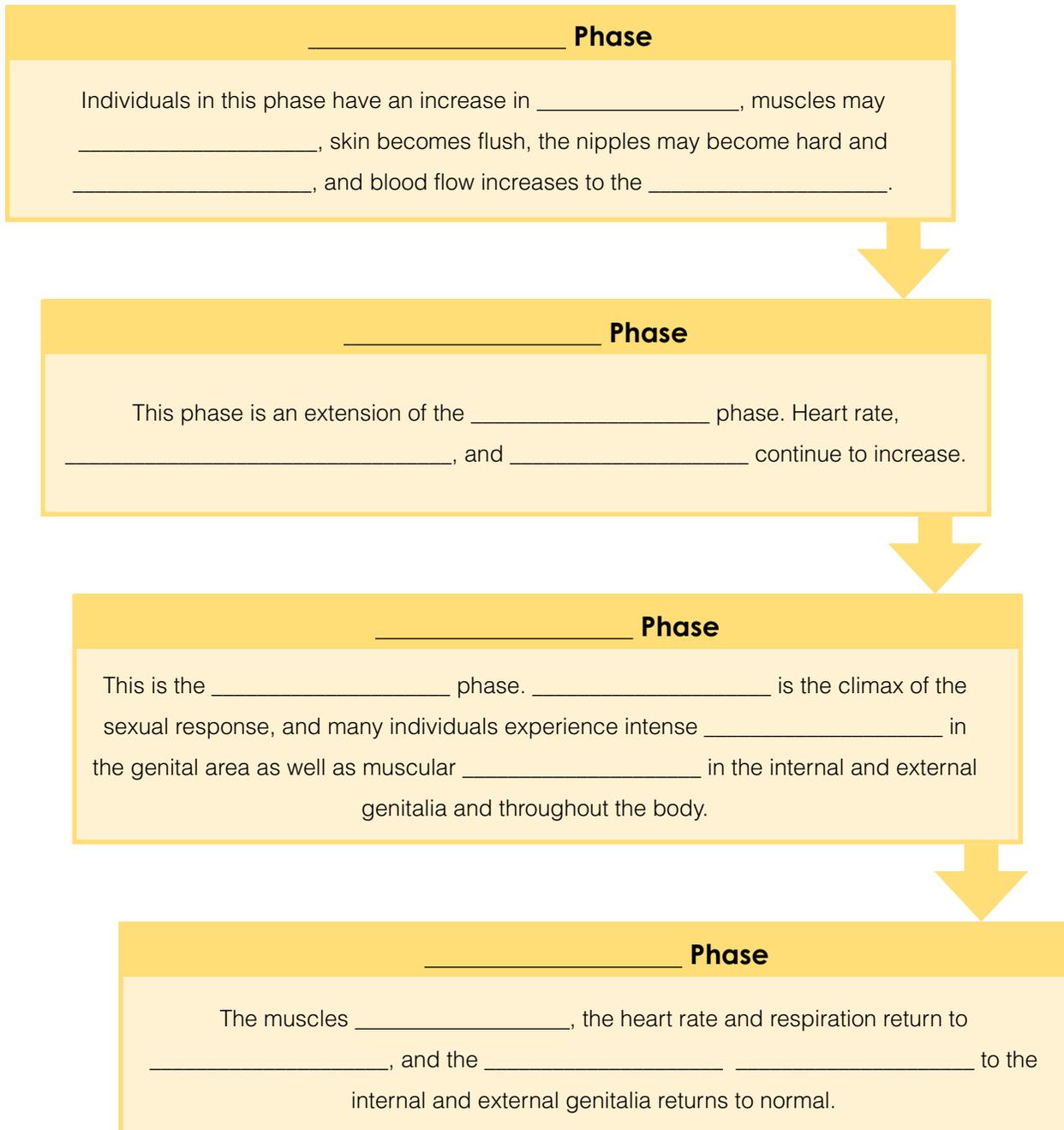
2. There are physical, social, mental, and emotional risks and consequences to being sexually active as a teen. List two risks for each of these categories of health.

<b>Physical risks</b>	
<b>Social risks</b>	
<b>Mental risks</b>	
<b>Emotional risks</b>	

## Sexual Activity and Affirmative Consent

### The Human Sexual Response Phases

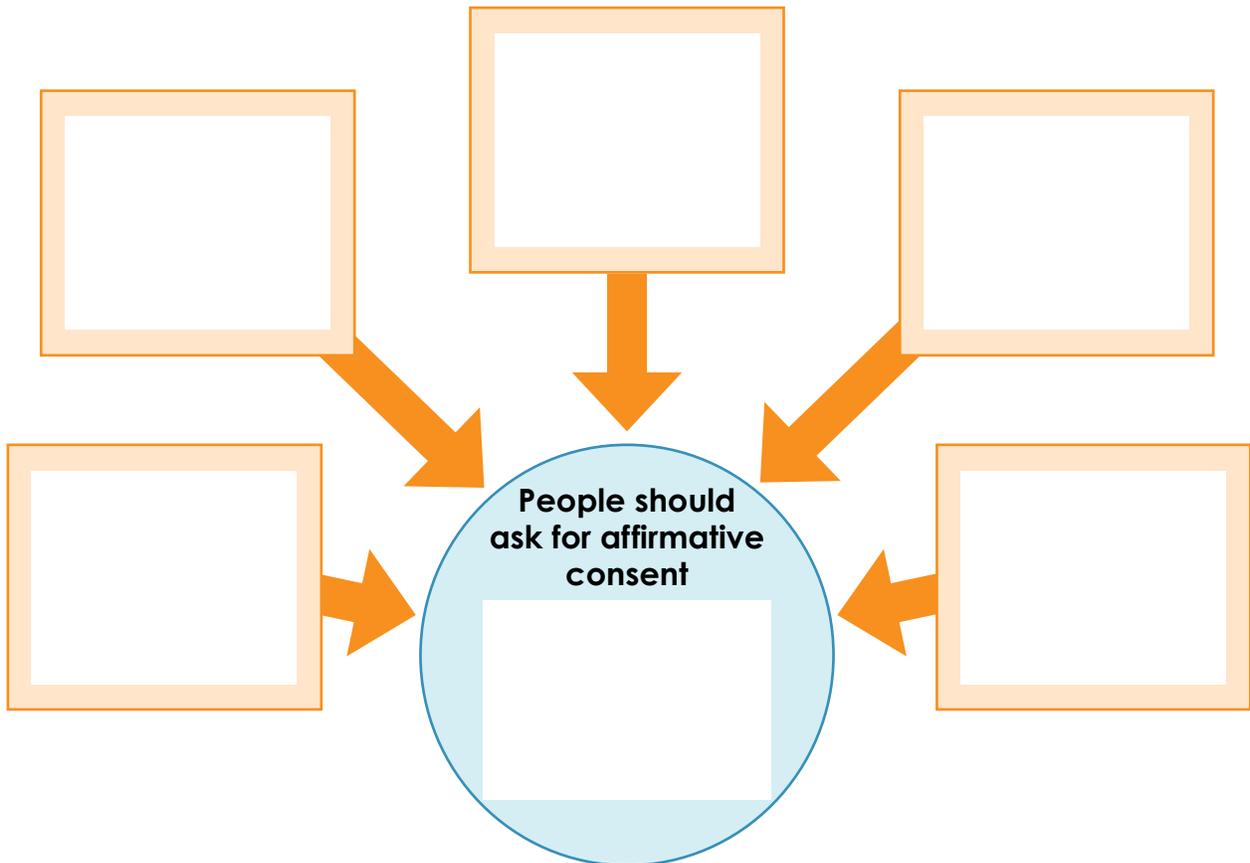
3. The human sexual response has four phases. Identify the phases in the following chart and fill in the blanks with the missing information to complete the description of each phase.



## Sexual Activity and Affirmative Consent

### Affirmative Consent

- Affirmative consent is \_\_\_\_\_.
- When should affirmative consent be asked for? Provide five examples of scenarios in which affirmative consent should be asked.



- Who needs to provide affirmative consent and actively agree in sexual activity? How often does affirmative consent need to be given?

Who?	How often?